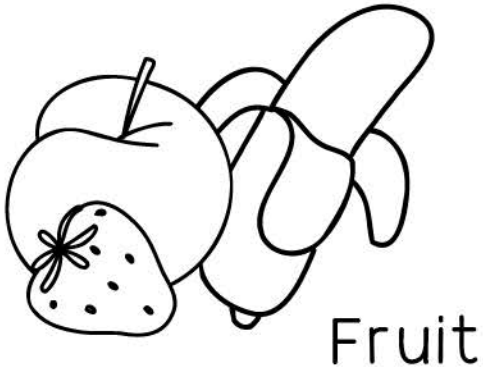
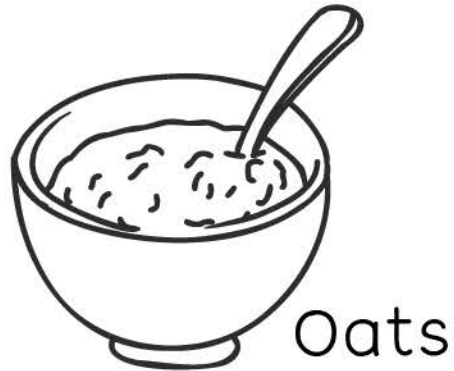
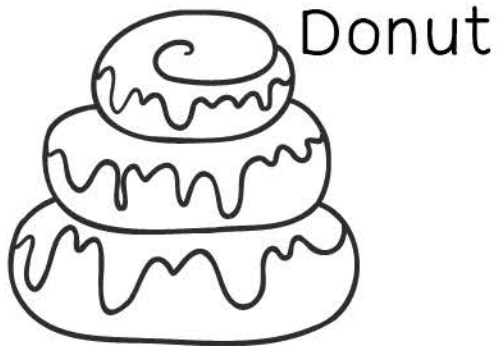
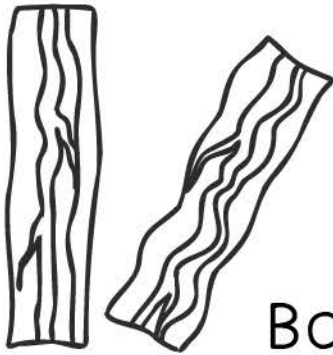


# Healthy and Unhealthy Foods Instructions

1. Talk about the pictures and color them
2. Cut out the pictures (both pages)
3. Sort the pictures. Paste the healthy foods on the "Healthy Foods" sheet and paste the unhealthy foods on the "Unhealthy Foods" sheet.
4. Important — Discuss that a balanced meal with water is best.

PAGE 1 of 2





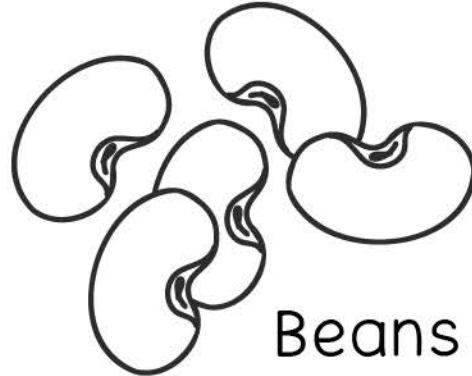
Bacon



Fish



Milk



Beans



Chips



Cake