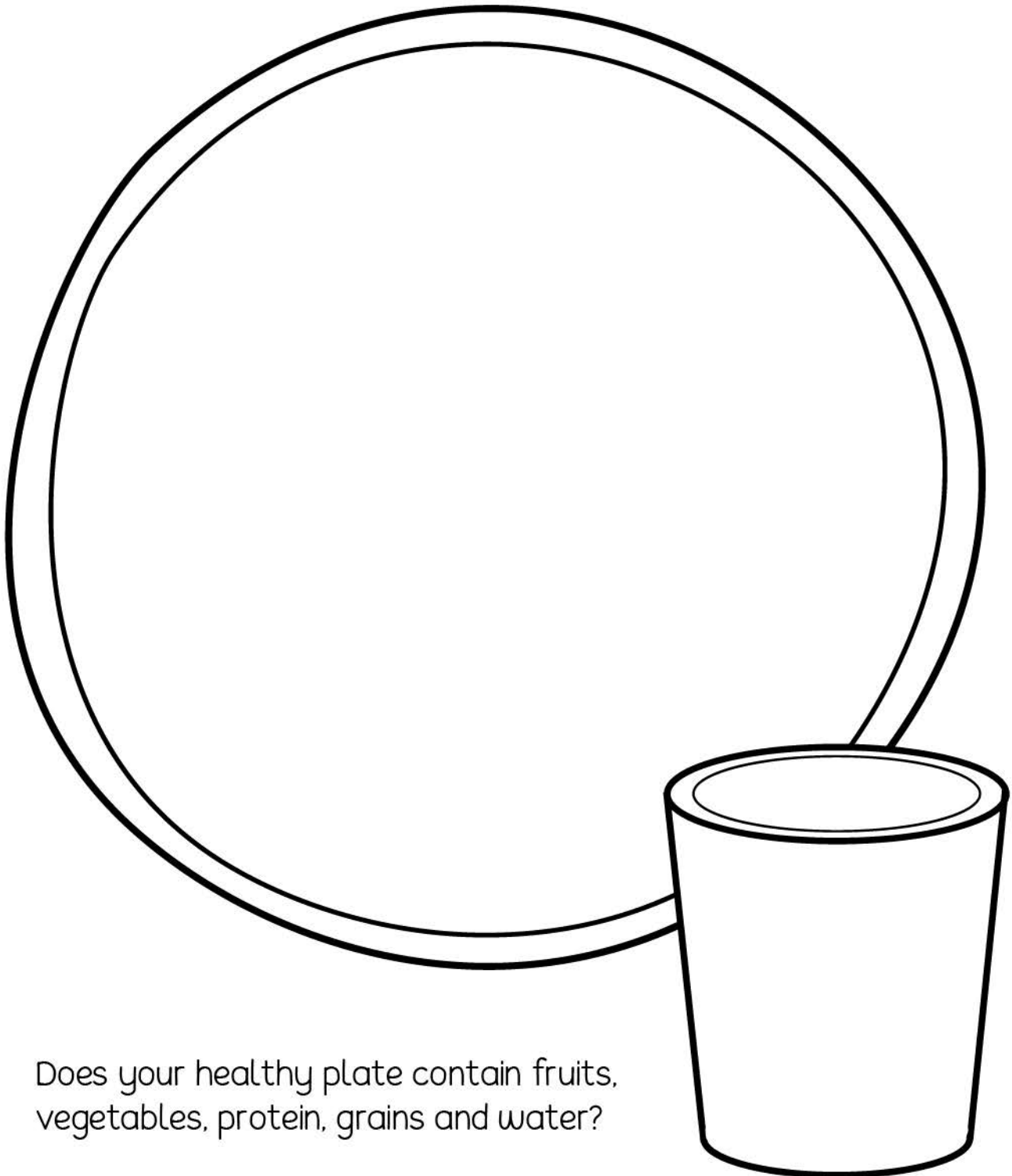


Name \_\_\_\_\_

## My Healthy Food Plate

Draw healthy foods you need to eat for lunch today.



Does your healthy plate contain fruits, vegetables, protein, grains and water?